

This Week's Featured Food:

The flavorful Lemon Plum

What is a Lemon Plum?

- Originally bred in Israel & called the “Lamoon” which is Arabic for lemon.
- They have a similar taste to a plum but with the zesty tang of a lemon!

Did you know?

Lemon Plums are high in Vitamin A and C. These vitamins assist in good eye sight and a healthy immune system!

